



PRINCE WILLIAM SCHOOL

Level 3 BTEC National Extended Certificate in Sport

Overview:

The BTEC course will give full-time learners the opportunity to enter employment in the sport and active leisure sector or to progress to higher education vocational qualifications such as a degree or BTEC Higher Nationals in Sport or related areas. BTEC will give learners the opportunity to develop a range of techniques, personal skills, and attributes essential for successful performance in working life.

The students will study units from the following topics:

Unit Mandatory units – all three units must be taken:

- 1) Anatomy and Physiology
- 2) Fitness Training and Programming for Health, Sport and Well-Being
- 3) Professional Development in the Sports Industry

Unit Optional units – One unit must be taken from:

- 4) Sports Leadership
- 5) Application of Fitness Training
- 6) Sports Psychology
- 7) Practical Sports Performance

Expectations:

Students will be regularly participating or undertaking a role in at least one sport. Students will develop independence to their learning by consolidating classroom work through annotation of notes and summarising key points. Students will spend an hour in private study for every hour taught. Students will engage in classroom discussion developing and applying their knowledge. The course requires the students to complete areas of coursework and work on these aspects independently. These will be continually assessed throughout the year. Students will be required to submit the coursework for corrections and then keep to all deadline dates.

Extra-Curricular Activities/Independent Learning Opportunities:

The Physical Education department runs a range of inter school fixtures for students to participate in. There will be opportunities to see elite performers through high quality events and games. There are planned trips to revision/ study sessions to augment in school learning. Alongside the BTEC course the Department runs the Sports Leaders programme which enables students to develop and gain a wide range of practical skills, students will also have the opportunity to complete a first aid qualification.

Career Pathways:

The course has an array of career possibilities not only in sport and recreation but also in the tertiary sector such as the Police, Forces, and Physiotherapy. Those students who continue onto university could select Physical Education teaching or a Sports Science related degree. The latter includes components such as management, coaching and outdoor recreation. Good combinations of other subject to study with PE are Biology, Psychology, Sociology, and Sports Leaders.

Student Testimonials:

'This is a different way of learning, it breaks up the essay writing and exams over the two years. Learning the theory through practical demonstrations is really engaging. The practical elements and the coaching unit are very enjoyable and makes the course more interesting'.